



HOME LEARNING – W/B 25/1/21

WE'RE GOING ON A BEAR HUNT

The activities listed below are to be used over the course of a week. Try something different every day, but there is no expectation that you complete all of them. Sing or say the rhymes every day. Have storytime every day. Try to fit in the exercise routine every day – a la Joe Wickes!!!

NURSERY RHYME –

HERE WE GO ON A BIG BEAR HUNT

See attached sheet for the words

OUTDOORS – In the garden, can you play at Going On A Bear Hunt. Find obstacles that you have to go under, over and through. Perhaps you can make an obstacle course. Maybe you can do the same thing at the park.

CREATIVE – MESSY ALERT!!! Mix some soil with water to create mud. Feel it with your fingers, squish it, drip it, build with it. What does it feel like? Can you use it to paint with? Can you create a mud picture outside on the wall or path.

LISTENING AND ATTENTION ACTIVITY – Play 'Where's the Sound'. Use a sound maker – a clock or music box or wind up musical toy. Hide the object and ask your child to find it by listening for the sound. Swap over. Can your child hide the object for you to find? Ask, 'Where is it?' Encourage your child to answer using the positional language we have been learning eg 'It's under the chair'. 'It's on the floor.'

HEALTHY MOVERS – Put on some music and have a go at the routine below!

Beautiful Balance	Squat down and keep both feet on the floor. Stand up without using your hands to help you. Repeat 10 times.
Crazy Core	PLANK – Lie on the floor on your tummy. Bend your knees, so you are crouching. Put your hands flat on the floor at shoulder level. Push up hands to straighten arms and lift the whole body. Then relax. Repeat 10 times.
Cross the Midline	SCISSOR HANDS – Arms straight out. Move hands over the top of each other.
Strong Body	DONKEY KICKS – Get into a crawling position, arms straight. Lift your leg and kick out backwards. Put back down. Repeat with the other leg. Repeat 10 times on both legs.
Great Games	Play musical colours. Put coloured paper in each corner of the room. Move around the room to music. When the music stops, you must run, walk, jump, hop, march, skip to the colour that the adult shouts out.
Cool Down	Put on some quiet music. Lie down on your back and stretch out your whole body.

NUMBER RHYME

1, 2, BUCKLE MY SHOE

1, 2, buckle my shoe,
3, 4, knock at the door,
5, 6, pick up sticks,
7, 8, lay them straight,
9, 10, a big fat hen

STORYTIME – Watch 'We're Going On A Bear Hunt' by Michael Rosen at :-
<https://www.youtube.com/watch?v=Ogy16ykDwds>

CHALLENGE - You will need a small bucket or bowl, some soil, a teaspoon and a dessert spoon. Fill the bowl with soil using the teaspoon. Guess how many spoonfuls you will need. Count them. Empty the bowl and re- fill using the larger spoon. Guess again how many spoonfuls you will need. Count them. Which was more, which was less? Set a timer. How fast can you fill the bowl with the teaspoon? How fast can you fill the bowl with the larger spoon? Have a race with someone else. Who can fill their bowl the quickest?

For those of you without internet access, there are lots of interesting programmes on CBeebies to watch with your child that will help to develop their knowledge of the world around them. Try:- Show Me, Show Me, Our Family, Grace’s Amazing Machines, Number blocks, Alphablocks. If you enjoy exercising, try Jack Hartman - ‘Have Fun and Freeze’ at

<https://www.youtube.com/watch?v=KZOANcDDLZs&feature=youtu.be>

Also look at our website for films and further home learning

<https://www.atherstonenurseryschool.com/> parent tab – Spring 2021 Remote Learning

Please take photos of your child doing the activities and email them to admin1002@welearn365.com. Add any comments that your child has made whilst doing the activities. Thank you.

Draw a picture of the CHARACTERS in the Going On A Bear Hunt story



Use this page to record your challenge results.

Fill the bowl using a teaspoon.

My guess

-----teaspoons

The actual number

-----teaspoons

Fill the bowl using a dessert spoon.

My guess

-----dessert spoons

The actual number

-----dessert spoons